# Learning to Read Music by Differences in Perception of Information

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### ABSTRACT

In this research, we examine ways to make it easier for beginners to recognize and remember information about musical scores, and to use the information obtained more naturally. In recent years, the development of information technology has made it easy for everyone to get information, and the ways to learn effectively from YouTube, Instagram, etc. have spread. In the piano, repeated practice and reading of music are said to be necessary elements for the acquisition of skills, and continuous practice is essential. However, it's difficult to practice efficiently, and many people give up halfway. Therefore, it is necessary to clarify the process by which beginners learn and recognize information about music notation in piano learning activities and to clarify the characteristics that they express when they perform using the recognized knowledge. In this study, we have investigated the process of learning and recognizing information about musical notation, and we conduct behavioral observations of piano learning at different levels of proficiency, identify characteristics of differences in learning methods, and examine a new method of presenting information about musical notation characteristics of beginners.

Keywords: Read music, Piano performance, Musical score, Cognitive process

## INTRODUCTION

In recent years, with the transition to Society. 5.0 and a society where all people and things are connected by Internet of Things (IoT), there is a great deal of information available in the world (Cabinet Office), (Kawashima and Morimoto, 2011). When learning something, people have come to emphasize the importance of understanding efficiently from videos and images such as YouTube and Instagram, and efficiently obtaining the desired information from a lot of information. While learning to play the piano makes it difficult to practice reading music due to repetitive practice, and the barrier to pursuit is high. There is a difference in processing ability between beginners and experts due to differences in metacognition (Hallam, 2001). This shows that there is a difference between beginners and experts in the amount of information in music notation that can be processed at one time, and this leads to a difference in skill (Kasahara et al. 2016a). From the structure of Newell and Simon's information system model and Atkinson and

Shiffrin's multiple storage models of memory, it has been revealed that there are three stages in human memory, and since people actively recognize information while interpreting it based on existing knowledge, information that is easily connected to existing knowledge is easier to remember (Newell and Simon, 1972), (Atkinson and Shiffrin, 1968), (Inoue, 2013). Therefore, one of the reasons why beginners have difficulty in reading music and give up learning involves metacognition, where they have little musical knowledge and can process only a small amount of information in the score at a time (Colombo and Antonletti, 2016). As can be seen from models of the process of acquiring piano skills and the cognitive process during reading music, efficient cognition can be promoted in music notation by considering the nature of cognition, memory, and visual information (Toma and Nakahira, 2012), (Kasahara et al. 2016b), (Nagai et al. 2018). There are many learning systems for piano beginners. Some systems use key spacing to present scoring according to individual skills (Matsubara et al. 2006), systems that use scoring to assist with performance errors (Yamada and Nakahira, 2011), and systems that use interactivity and color senses to visually present notation (Roers et al. 2014), (Kuo and Chuang, 2011). Though these systems are for beginners to understand as presenting information, they are inadequate as cognition read music. Research on the process of reading music and cognition focused on the relationship between the acquisition of knowledge of reading music and eye movement, and the reading strategies of piano players according to their level of proficiency, considering that efficient training of reading ability leads to performance skills (Toma and Nakahira, 2012), (Kasahara et al. 2015), (Nagai et al. 2017). These focus on eye movement and clarify the information that is paid attention to in piano learning. However, to solve the problem of learning methods for beginners, it's necessary to look at appropriate information clarifying behavioral differences by skill level. Therefore, innovations are needed in addition to the existing display methods to observe the learners' behavior and, based on their features, to make performance symbols and other information on the score memorable to the learners so that they can recognize and memorize them efficiently. In this study, we clarify the process by which beginners learn and recognize information about music scores in piano learning activities, and based on the results of this study, we examine information presentation methods that enable more natural use of music score information.

#### **RESEARCH METHOD**

In this research, we clarify the process by which beginners learn and recognize information about music scores in piano learning activities and investigate the features they express when they perform using the recognized knowledge. The following steps were taken to clarify the behavioral differences between beginners and experienced.

1) As a preliminary experiment, we surveyed eight iOS applications that support read music practice and categorized them into three: (1) items related to music notation, (2) items related to retention rate, and (3) items related to operation method. We were able to classify the learning support for beginners by applications into three categories: imagining pitch and rhythm, remembering the relationship between scales and keyboard positions, and remembering the relationship between note shapes and the number of beats.

- 2) To clarify the differences in behaviors and practice procedures presented by beginners and experienced, the reading practice behaviors of 10 subjects each were observed. From the behavioral results, differences in proficiency were classified into three categories, and the features of each were clarified. Based on these results, a behavioral model was created by the DEMATEL method (Si et al. 2018), (Chen, 2007).
- 3) After the behavioral observation, we interviewed the subjects and clarified the behavioral characteristics of beginners.
- 4) Based on the results of these surveys and experiments, we examined new ways of displaying information and innovations in music notation in terms of the differences between beginners and experienced, in terms of pitch, note length, and rhythm.

#### **RESEARCH CONTENTS AND RESULT**

#### **Results from Behavioral Observation Experiments**

Behavioral observation experience was conducted to clarify the process of acquiring and recognizing music notation information in different levels of piano learning proficiency. A total of 20 subjects, 10 beginners (5 of whom had no musical experience) and 10 experienced, were asked to practice reading music for a maximum of 10 minutes. The sequence data was created by checking the portions of the experiment in which the subjects worked. The order was determined by dividing the scores into bars and assigning numbers to each bar to denote the order of the subject's actions. Based on this order data, a DEMATEL method was conducted to create a behavioral model for each subject's skill level. The behavioral model created based on these experiments was classified into three levels according to the level of skill: (1) beginners: subjects with no piano experience at all, (2) experienced: subjects with less than one year of peer learning, and (3) expert: subjects with more than seven years of piano learning, and part of the behavioral model is shown in Figure 1.

**Expert:** A key feature of an expert is that there is no hesitation in the procedure. The score was about 15 seconds, but the average training time was extremely short (28 seconds), and it was found that there was almost no replay.

**Experienced:** As for the main feature, the first was that the procedures were established and practiced without hesitation, as were the behavioral models of the expert. Secondly, they practiced repetitive parts, many of which were common to them. Subjects tended to alternate between practicing with both hands and returning to one-handed practice. The last point was the confirmation of the octave, and during the practice, the subjects were seen hitting the keys while saying the note names aloud.



Figure 1: Behavioral models by proficiency level.

**Beginner:** The first main feature of beginners is that there is a lot of variabilities subject to subject. Secondly, the number of times they showed keystroke behavior was small. Finally, the average practice time was 600 seconds, nearly double that of experienced users, which led to the use of the upper limit of practice time.

#### **Results of Interview**

We conducted interviews with the subjects to clarify the differences in their behavioral features. Especially in beginners, there were characteristic behaviors, and the main feature of these behaviors was the difficulty to read note heights. Many beginners have made mistakes in reading the D4 and B4. One reason for this is that it is hard to read them instantly due to their skewered shape on the staff. The further away from the middle "C4", the more difficult it was to read, so the subject had to count from that position and fill in the ruby to figure out the note name. Moreover, they also struggled to distinguish the keys. Many beginners made mistakes playing D4, G4, and A4. Some said that it was difficult to distinguish keys that had the same shape, and that they couldn't grasp the distance between keys. Another big difference between beginners and experienced/experts is the difference in practice methods. The beginner's behavior was scattered and unorganized, like replaying a stumbling block again or playing from start to finish repeatedly. In the interviews, subjects said that they didn't know what to do and it took them a long time to read the information. Beginners spent most of their practice time on writing note names and practicing with the right hand and were only able to devote time to certain parts.

#### CONSIDERATION

Based on the results so far, the following five methods can be used to provide present information on pitch, note length, and rhythm to beginners. (1) support the establishment of practice procedures, (2) intuitively indicate the pitch of notes using methods other than text, (3) assist with rhythm using methods other than notation, (4) indicates the length of notes using forms other than notes and (5) separate display of notation. The main feature of this method



**Figure 2**: Display information about the pitch of the sound 1) Score with Numbers, 2) Score with red lines, 3) Sheet music with a red C4.

of displaying information is an intuitive way to indicate the pitch of a note using a method other than writing. All the beginners wrote the note names on the score, but there were many cases where they sounded notes in different octaves during the performance. This suggests that while the use of letters makes it easier to recognize the information as note names, it also reduces concentration on the notes and makes it harder to focus on the pitch of the notes. it is also necessary to use other assists for rhythm. Since it is difficult for beginners to read rhythms from notation, it is thought that assisting other than notation can disperse the points that are difficult and make it easier to read music since it is not necessary to read all the information at once.

#### **Consideration of Music Notation Display Methods**

#### Information Display Method for Pitching

For the method of displaying information based on the pitch of the note, we created three patterns (1) displaying the difference in pitch of the note in front in one-note increments, (2) displaying the line in the middle of the staff in red, and (3) displaying the line indicating the note of C4 in red) and conducted an evaluation experiment with five beginners. Particularly effective was the method in which the line indicating the note of C4 was shown in red. The results of the experiment showed that the time spent writing the note names and practicing with the right hand could be used to practice using the keyboard (Table 1). The fact that many beginners focused on counting the pitch of C4-based notes also led to better music playback. Previous studies have also shown that the use of color in music notation can be visually comprehensible for beginners (Kuo and Chuang, 2013), (Gregorian and Milyartini, 2020). By using color, subjects were able to instantly determine the pitch of the notes.

#### Information Display Method for Sound Length and Rhythm

Based on the results of the experiment and discussion, for beginners who find the rhythm to be the most difficult part of the score, we considered a different way of displaying information from the score. We thought it would be easier to organize the information and establish the procedure by displaying the rhythm information with the length of the notes indicated by black boxes, as shown in Figure 3. To make it possible to visually judge the front and backbeats, we divided one measure into six parts and had the participants use the score we had studied. As a result, all the subjects sang "1, 2, 3, 4, 5, 6" while looking at the rhythm information display and confirmed the rhythm with their hands. It was also observed that subjects noticed their

		practice time p (s)	practice time (s)	practice time (s)	the sound name (s)
A	Use existing scores	500.0	90.0	10.0	210.0
	Use new scores	63.0	12.0	525.0	0.0
В	Use existing scores	540.0	20.0	0.0	183.0
	Use new scores	73.0	38.0	289.0	0.0
С	Use existing scores	198.0	248.0	0.0	154.0
	Use new scores	44.0	42.0	514.0	0.0
D	Use existing scores	84.0	163.0	32.0	321.0
	Use new scores	32.0	18.0	550.0	0.0
E	Use existing scores	53.0	175.0	0.0	372.0
	Use new scores	53.0	27.5	469.5	0.0

Table 1. Change in practice time for each subject.

1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5

1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6

Figure 3: Display information about the rhythm.

own mistakes related to rhythm, which is thought to facilitate independent practice. Moreover, the number of keystrokes increased by more than three times for all subjects, suggesting that by dispersing the information from the score, the information is organized and can be read smoothly.

## CONCLUSION

The purpose of this research was to examine how to make it easier for beginners to recognize and remember information about music notation, and how to make use of the information obtained more naturally. To this goal, we clarified the process by which beginners learn and recognize information about musical notation in piano learning activities and investigated the characteristics that they express when they perform using the recognized knowledge. To clarify these differences, behavioral observation showed that beginners have problems in reading practice procedures, note pitches, and rhythms and that it is necessary to consider new ways of displaying the three types of information in music notation: note pitch, note length, and sequence. To do this, we used the color properties for note height and extracted and organized the score information for note length. Thus, we were able to study a new information display method that supports independent and efficient learning of music reading, which has been one of the barriers for piano learners.

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