# **Development of 3D Reference Headforms for Chinese Adults**

# Haining Wang, Tong Zhu, and Kexiang Liu

School of Design, Hunan University, China

## ABSTRACT

To improve the fit of head worn products for Chinese adults, this study utilized the principal component analysis (PCA) panel on 15 facial measurements extracted from 3,358 3D Chinese adult head scans. The PCA panel covers 95.80% of Chinese population. All samples were divided into 5 size categories based on the differences among eye and facial morphology, and 3D reference headforms were developed respectively based on the statistics of these measurements. The headforms can be used for head-worn products like eyewear, VR headsets, eye and face PPE and etc.

**Keywords:** Anthropometry, Facial dimensions, Reference headforms, Sizing, Principal component Analysis panel

# INTRODUCTION

In recent years, virtual reality (VR) and augment reality (AR) glasses are becoming increasingly popular in exercise, gaming and entertainment spheres, as people try to improve their health and well-being. Customers' requirements for the comfort of the experience during daily wear has grown significantly. Smart wearables such as VR glasses requires proper fit to stop light leakage around nose to achieve good immersion, as well as avoiding local pressure that causing discomfort or even pain.

However, VR/AR glasses on market were mainly designed by western companies based on western facial measurements from anthropometric surveys like Civilian American and European Surface Anthropometry Resource (CAESAR) or 3D reference headforms produced by the National Institute for Occupational Safety & Health (NIOSH) (Jin and He, 2021). Many studies have shown that the difference between Chinese and Western on head shape and size is significant (Zhuang et al., 2013; Ball et al., 2010), which creates the nonnegligible problem of poor fit. A number of product sizes are developed to fit subgroups of the targeted population (Dlab, C. et al., 2020).

It is crucial to create a sizing system based on Chinese head anthropometry for head worn products such as VR/AR glasses to fit Chinese population. NIOSH developed a principal component panel based on the data from the survey of 3997 respirator users (2,543 males and 1,454 females) across the United States in 2003 (Zhuang et al., 2007). The PCA panel was developed using the first two principal components obtained from 10 most representative facial dimensions. NIOSH's research was subsequently used as a reference for the ISO/TS 16976-2 Respiratory Protective Devices - Human Factors-Part 2: Anthropometrics (ISO, 2015). The PCA panel has been applied to design and evaluation for respirators.

After the size system was established, 3D digital headforms for each group were generated and considered as an effective method to incorporate 3D anthropometry in product sizing by offering 2D/3D knowledge of the shape and size on the eye and face area. There are several studies on 3D statistic head shape models for Chinese population. (Ball, 2009) divided the samples into 10 size categories using head circumference from 2000 Chinese head scans in SizeChina project, and created 10 digital headforms without facial features for headwear design and inspection for Chinese. (Yu et al., 2012) developed 3D headforms specifically for Chinese civilian workers based on the traditional and 3D measurements from 3000 Chinese workers database established in 2006. (Wang et al., 2018) proposed 5 a progressive scanning algorithm based on differential approximation to create 5 3D reference headforms with different percentiles using 1900 Chinese head scans from the Chinese Headbase, which was enriched to the sample size of 3400 in 2020.

The aim of this study was to develop 3D representative headforms for Chinese adults from the Chinese Headbase survey, a large 3D head anthropometric database developed using state-of-art 3D scanning technologies by (Wang et al., 2018). PCA panels proposed by (Zhuang et al., 2010) was adopted for the establishment of the sizing system. The headforms created in this study can be used for the design of VR/AR glasses, eye and face PPE and other head mounted devices to improve the fit and comfort for Chinese customers.

# MATERIALS AND METHODS

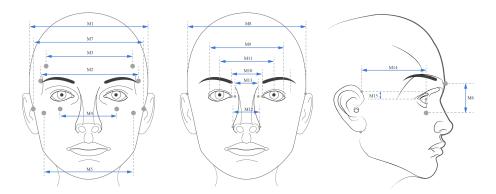
#### Subjects

The 3D head scans used in this study were from the Chinese Headbase survey established and enriched from 2017 to 2020. Stratified sampling approach of four age groups (18–29, 30–39, 40-49, 50+) and two gender groups was implemented. A total of 3400 subjects (1660 males and 1740 females) were recruited and measured by traditional measurement and high-resolution 3D scanning. 3358 subjects (1639 males and 1719 females) were chosen from the dataset for the analysis in this study.

#### **Date Collection**

The Artec Spider (Artec Group, Luxembourg) 3D scanner was used to capture the 3D geometry of head models. Traditional measurements including height, weight and three head dimensions were also recorded. Artec Studio 12 (Artec Group, Luxembourg) was adopted for point cloud processing, including noise elimination, global registration, sharp fusion, mesh simplification, hole filling, mesh smoothing, texture mapping, and coordinate system unification.

According to ISO DIS 18526-4-2018 and head anthropometry related literature, 15 facial measurements and 24 anatomical landmarks related to VR/AR glasses and eye&face PPE design were chosen and identified



**Figure 1**: Facial landmarks and measurements: M1: Head breadth, M2: Zygofrontale Distance, M3: Frontotemporale Distance, M4: Infraorbitale Distance, M5: Bizygomatic Breadth, M6: Glabella - Infraorbitale Distance, M7: Tragion distance, M8: Otobasion Superius Distance, M9: Biocular Diameter, M10: Interocular Diameter, M11: Interpupillary Distance, M12: Alare Distance, M13: Nasal Root Breadth, M14: Eye Apex to Ear (Horizontal), M15: Eye Apex to Ear (Vertical).

No.	Measurements	PC1	PC2
1	Head breadth	0.389431	0.505756
2	Zygofrontale Distance	0.338615	-0.491437
3	Frontotemporale Distance	0.272974	-0.242765
4	Infraorbitale Distance	0.196357	-0.349717
5	Bizygomatic Breadth	0.318292	-0.257607
6	Glabella - Infraorbitale Distance	0.068739	0.119112
7	Tragion distance	0.434428	0.231708
8	Otobasion Superius Distance	0.421071	0.320648
9	Biocular Diameter	0.213767	-0.158994
10	Interocular Diameter	0.105524	-0.101031
11	Interpupillary Distance	0.157465	-0.147929
12	Alare Distance	0.103237	-0.092549
13	Nasal Root Breadth	0.045664	-0.087317
14	Eye Apex to Ear (Horizontal)	0.232504	0.103706
15	Eye Apex to Ear (Vertical)	0.011019	-0.009876

Table 1. Principal component eigenvectors for the first two PCs.

(Figure 1). Geomagic Wrap 2017 (3D Systems, Rock Hill, SC, US) was used for facial landmark identification and facial dimension extraction.

# **Principal Component Analysis Panel**

PCA is a widely adopted approach for reducing the dimension of large datasets, increasing interpretability but minimizing its information loss at the same time (Lacko et al., 2017). In this study, PCA was performed on 15 measurements to generate 15 principal components (PCs). The first two PCs explained 61.58% of the total variation (Table 1). The first principal component, PC1, represents the largest percentage of explained variance (50.27%), and PC2 explained 11.31%. These two principal components contain most

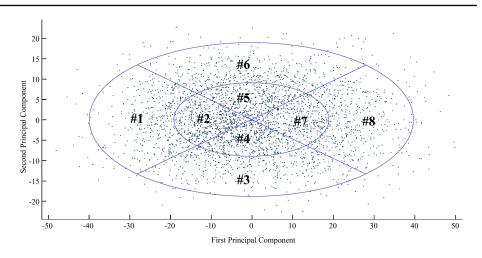


Figure 2: PCA panel with scatter plots based on two principal components.

of the information of the original index, which can replace the original 15 variables to measure the characteristics of the heads.

The value of each principal component was calculated as follows.

$$PC1 = 0.389431 \times M1 + 0.338615 \times M2 + 0.272974 \times M3 + 0.196357 \\ \times M4 + 0.318292 \times M5 + 0.068739 \times M6 + 0.434428 \times M7 \\ + 0.421071 \times M8 + 0.213767 \times M9 + 0.105524 \times M10 \\ + 0.157465 \times M11 + 0.103237 \times M12 + 0.045664 \times M13 \\ + 0.232504 \times M14 + 0.011019 \times M15$$

$$PC2 = 0.505756 \times M1 - 0.491437 \times M2 - 0.242765 \times M3 - 0.349717 \\ \times M4 - 0.257607 \times M5 + 0.119112 \times M6 + 0.231708 \times M7 \\ + 0.320648 \times M8 - 0.158994 \times M9 - 0.101031 \times M10 \\ - 0.147929 \times M11 - 0.092549 \times M12 - 0.087317 \times M13 \\ + 0.103706 \times M14 - 0.009876 \times M15$$

Taking the first principal component (PC1) as the x-axis and the second principal component (PC2) as the y-axis, then the scatter plots of principal components scores of 3358 subjects were shown in Figure 2. The PCA panel was developed using Matlab based on the algorithm description of the PCA panel in ISO TS 16976-2015.

#### **RESULTS AND DISCUSSION**

The frequency obtained in each of the cells and the relative percentage of that frequency for the total sample are presented in Table 2. It can be observed

	0			•		
Cell ID	Amount	Total (%)	Male	Male (%)	Female	Female (%)
1	372	11.08%	25	0.74%	347	10.33%
2	491	14.62%	117	3.48%	374	11.14%
3	401	11.94%	202	6.02%	199	5.93%
4	443	13.19%	194	5.78%	249	7.42%
5	396	11.79%	202	6.02%	194	5.78%
6	358	10.66%	282	8.40%	76	2.26%
7	372	11.08%	161	4.79%	211	6.28%
8	384	11.44%	367	10.93%	17	0.51%
In total	3217	95.80%	1550	46.16%	1667	49.64%

Table 2. Percentage of Chinese population in the PCA panel.

Table 3. The mean value of 15 measurements from 5 headforms.

	Small	Medium	Large	Long/narrow	Short/wide
Head breadth	143.85	152.68	162.32	158.66	147.32
Zygofrontale Distance	115.81	123.26	132.26	117.44	128.50
Frontotemporale Distance	103.22	109.24	116.21	106.04	112.30
Infraorbitale Distance	65.98	70.54	75.44	66.59	74.64
Bizygomatic Breadth	112.95	120.31	127.85	117.81	123.45
Glabella-Infraorbitale	34.25	35.50	37.69	36.66	34.05
Distance					
Tragion distance	140.74	150.21	161.23	152.68	147.67
Otobasion Superius	150.51	159.92	170.48	163.46	156.51
Distance					
Biocular Diameter	84.63	89.68	94.87	87.97	91.83
Interocular Diameter	36.49	39.01	41.64	38.01	40.32
Interpupillary Distance	60.12	63.87	67.57	62.29	65.84
Alare Distance	35.73	38.05	40.39	37.07	39.01
Nasal Root Breadth	18.89	20.00	21.46	19.17	21.21
Eye Apex to Ear	83.14	88.33	94.19	89.45	87.31
(Horizontal)					
Eye Apex to Ear (Vertical)	2.86	3.08	3.39	3.13	3.35

that the overall match is 95.8% and a match of 94.57% and 96.97% for male and female subjects, respectively. Each cell contains at least 10% of the population. As can be seen in Figure 2, subjects are mainly scattered at the central section (cell 2, 4, 5, 7) of the PCA panel, which matches 50.27% of subjects. According to the definition of NOISH for the size category of the PCA panel, the cell 2, 4, 5 and 7 were merged into the medium size. Finally, the panel was divided into 5 size categories (small, medium, large, long-narrow and short-wide), as shown in Figure 3. For each size category the mean values for the 15 facial dimensions were calculated based on subjects whose PC1 and PC2 scores fell in the category.

Based on the five size categories and 15 facial dimensions, 5 subjects in each category were chosen based on PCA scores calculated from 3D scans and averaged together Geomagic Wrap 2017 to construct a representative

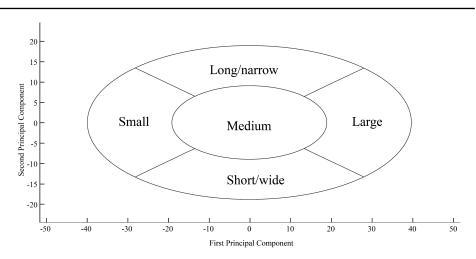
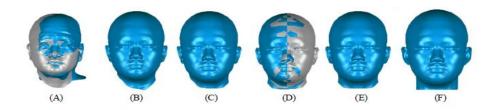
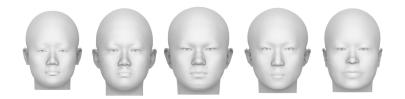


Figure 3: Five head size categories in the PCA panel.



**Figure 4:** The design procedures of the headforms: (A) model alignment of five selected subjects using the Frankfort horizontal plane, (B) the headform after the averaging, (C) the headform after surface smoothing, (D) the headform after mirroring, (E) symmetric average of the headform, and (F) final average headform with ears and neck attached.



**Figure 5:** Five 3D headforms representing size categories for Chinese adults: small, medium, large, long/narrow, and short/wide, from left to right.

headform for each size category. The processing procedures are shown in Figure 4. All 5 headforms are showed in Figure 5.

### CONCLUSION

In this paper, a PCA panel for Chinese population was established based on facial dimensions extracted on 3358 head scans from the Chinese Headbase survey. Five digital 3D headforms were developed from 5 size categories. These headforms can represent the anthropometric distribution of Chinese

face shape and size and be used for the research and development of head worn products including VR/AR, eye and face PPE for Chinese customers.

#### REFERENCES

- Ball, R. (2009). 3-D Design Tools from the SizeChina Project. *Ergonomics in Design: The Quarterly of Human Factors Applications*, 17(3), pp. 8–13.
- Ball, R., Shu, C., Xi, P., Rioux, M., Luximon, Y. and Molenbroek, J. (2010). A comparison between Chinese and Caucasian head shapes. *Appl Ergon*, 41(6), pp. 832–839.
- Jin, W. and He, R. (2021). An exploratory study of fit assessment of the virtual reality glasses. *Journal of Ambient Intelligence and Humanized Computing*.
- Lacko, D., Huysmans, T., Vleugels, J., De Bruyne, G., Van Hulle, M. M., Sijbers, J. and Verwulgen, S. (2017). Product sizing with 3D anthropometry and k-medoids clustering. *Computer-Aided Design*, 91, pp. 60–74.
- Wang, H., Chen, W., Li, Y., Yu, Y., and Ball, R. (2018). A 3D Head Model Fitting Method Using Chinese Head Anthropometric Data. *In International Conference* on Cross-Cultural Design, 10911, pp. 203–215. Springer, Cham.
- Wang, H., Yang, W., Yu, Y., Chen, W., and Ball, R. (2018). 3D digital anthropometric study on Chinese head and face. In Proceedings of 3DBODY. TECH 2018–9th Int. Conference and Exhibition on 3D Body Scanning and Processing Technologies, pp. 287–295.
- Yu, Y. Y., Benson, S., Cheng, W. J., Hsiao, J., Liu, Y. W., Zhuang, Z. Q. and Chen, W. H. (2012). Digital 3-D Headforms Representative of Chinese Workers. *Annals of Occupational Hygiene*, 56(1), pp. 113–122.
- Zhuang, Z., Benson, S., and Viscusi, D. (2010). Digital 3-D headforms with facial features representative of the current US workforce. *Ergonomics*, 53(5), pp. 661–671.
- Zhuang, Z., Bradtmiller, B. and Shaffer, R. E. (2007). New respirator fit test panels representing the current U.S. civilian work force. *J Occup Environ Hyg*, 4(9), pp. 647–659.
- Zhuang, Z., Shu, C., Xi, P., Bergman, M. and Joseph, M. (2013). Head-and-face shape variations of U.S. civilian workers. *Appl Ergon*, 44(5), pp. 775–784.