

Factors Research of Visual Comfort on Driving Interfaces: A Review

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ABSTRACT

This paper analyses and summarizes the factors affecting visual comfort in the driving interface. Relevant factors affecting drivers' visual comfort are summarized, including three types of factors: user, interface and environment; useful indicators are proposed according to different influencing factors, such as gaze duration, pupil dilation and ICA increase when interface information increases. Finally, the proposed influencing factors are summarized and the problems and deficiencies in the assessment methods are analysed, pointing out the development direction of the visual comfort assessment of the interface in driving, and in view of the human-computer relationship included in the driving task, it is suggested to adopt a combination of subjective and objective assessment methods to improve the validity and robustness of the assessment of visual comfort of the driving interface. This paper can provide some references for the research on visual comfort of interfaces.

Keywords: Visual comfort, Driving interface, Cognitive load, Visual fatigue, Interface design

INTRODUCTION

Driving Interface is the channel for human-machine interaction and exchange of information in equipment, and is the most important interface between human and system (Yao et al., 1988). It is widely used in aerospace, navigation, rail transportation, engineering machinery and automobile cab (Li, Bo and Sui-Huai, 2016). Through the driving interface, drivers are able to monitor the internal and external information of the transportation and make decisions, but operating in a state of high physical and mental load for a long period of time will lead to brain fatigue and driving fatigue (Ueno et al., 2021; Christopher et al., 2021). According to the survey, most traffic accidents are caused by drivers checking the driving interface for a long time, and it is the development trend to improve the comfort of the driving interface. Because cockpit visual comfort has a direct impact on the driver, it may cause the driver to make wrong judgment and wrong operation (Xiaoli et al., 2015; Xiao, Wan-yan and Zhuang, 2014). The percentage of accidents caused directly or indirectly by driver observation of the driving interface is 70% to 80% in (China Wiegmann and Shappell 2001; Edkins and Pollock, 1997). The effect of interface visual comfort on drivers' cognitive efficiency is rarely mentioned.

As an important physical factor in the driving process, the visual comfort of the driving interface becomes one of the important design factors when the driver monitors the driving interface for a long time. Therefore, it is necessary to conduct an in-depth study on the comfort of the driving interface to ensure the driver’s cognitive efficiency of the interface and to reduce the difficulty of the driving task.

Due to early technological and hardware limitations, there has been less research related to visual comfort in driving interfaces. The issue of visual comfort has been in interface display research for a long time, and the factors research of visual comfort in driving interfaces may contribute to safely driving in the future.

VISUAL COMFORT STUDY OF DRIVING INTERFACES

There are two main ways for drivers to extract information, the first is the extraction of outdoor environment information; the second is the extraction of driving information in the cab (Deng et al., 2019). The human-computer interaction perception during driving is complex and variable (see Figure 1).

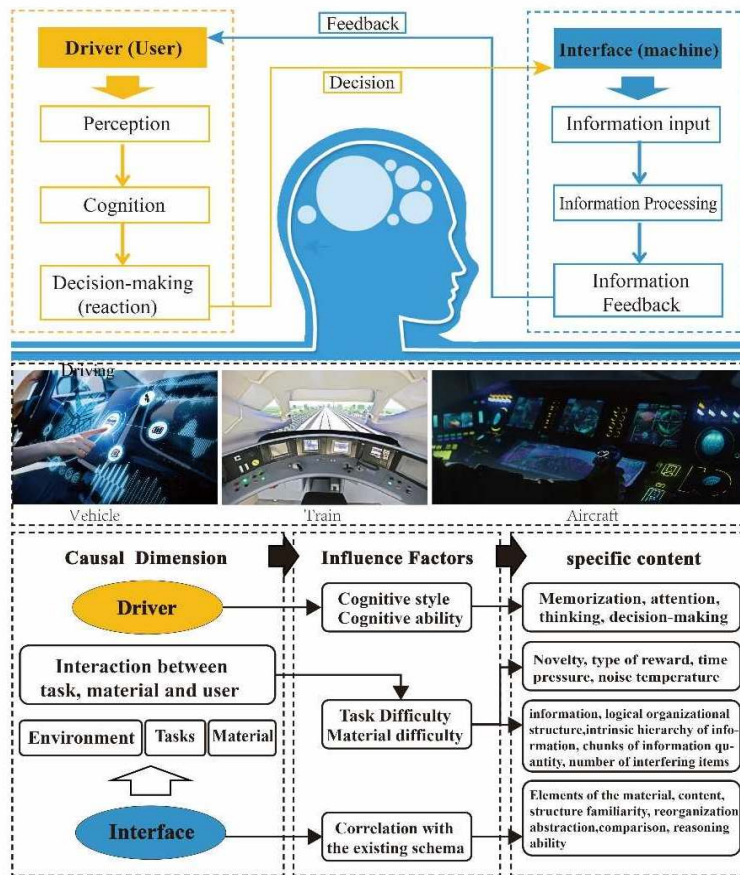


Figure 1: The perception process and influencing factors of human-computer interaction in driving interface.

User perception and driving interface are the sources of influence on visual comfort of driving interface because drivers need to pay attention to the key information in the driving interface all the time, which results in cognitive load. The cognitive load structure model was firstly proposed by Pass (Paas et al., 1994), who divided the influence source of cognitive load into three aspects: task (environment) characteristics, learner characteristics, and the interaction between task and learner (Brunken et al., 2004); Qian-wen based on cognitive load structure (Qian-Wen, 2020), combined with the interface task and material characteristics, the user's own characteristics, and the interaction between the former two and the same as constituting the cognitive load of the human-computer interface influencing the factors. It is pointed out that the two parts that constitute the user's cognitive driving interface are the extrinsic interface factors and the intrinsic user factors.

Therefore, the visual comfort of driving interface can be mainly influenced by three factors: user, driving interface and environment (see Figure 1). It is not widely recognized standard definition for the concept of comfort. In this paper, we define the visual comfort of the driving interface from the perspectives of physiological characteristics of the user and physical attributes of the interface, based on the interaction characteristics of the user and the driving interface during the driving process.

- (1) Visual comfort is the absence of visual discomfort. Reid (Reid, 1974) proposes the term comfort as the absence of the subjective feeling of discomfort. In addition to this, there are other definitions of visual discomfort, for example, Lambooij (Lambooij et al., 2009) defined visual discomfort as subjective discomfort as well as visual fatigue, and reflected the quality of experience (QoE) of the user part; Quan Wei (Wei et al., 2018) explained visual discomfort from physiological and psychological levels specifically in the physiological indexes of pain and numbness as well as in the self-psychological feelings.
- (2) Visual comfort is a subjective human feeling. In terms of the definition of comfort in the U.S. Webster's Dictionary, it is a state or feeling that is specifically manifested in the human physiological, psychological and physical dimensions, such as relaxation (relief), encouragement (encouragement) and enjoyment (enjoyment) (Ueno et al., 2021; Kuijt-Evers et al., 2004). Thus, the visual comfort of the driving interface can be used to refer to the subjective comfort felt by the user when viewing the driving display.
- (3) Visual comfort is affected by a variety of factors, including internal psychological factors and external physical and physiological factors (Christopher et al., 2021; Lueder, 1983). Comfort and discomfort are subjective feelings that arise from the combination of physiological and psychological experiences, such as prolonged face-to-face screen operation will reduce visual comfort, increase cognitive load, and cause visual and mental fatigue.
- (4) The basic condition for visual comfort is visual health. Comfort is a state of reaction between the individual and the environment- (Yu-Chen and Yun-Yi, 2022; Lange, 2019), and the definition of

visual comfort is specified in the European standard: “Visual comfort is induced by the visual environment, for which visual health is a subjective condition” (Basic terms and criteria for specifying lighting requirements, 2011). Visual comfort is especially important because the monitor needs to pay attention to the interface information at all times.

USER INFLUENCING FACTORS OF VISUAL COMFORT ON THE DRIVING INTERFACE

User factors, as intrinsic factors affecting the visual comfort of the driving interface, include the user’s own physiological and psychological factors, which are specifically manifested in physical, psychological and conscious activities, among which visual fatigue and cognitive load are the main influencing factors.

(1) Fatigue is the most important factor on the psychological dimension of comfort (Pashler, 1998), which is an indicator of visual comfort (Jin, Niu and Zhou, 2016). Visual senses receive visual information through the human brain (Wei and Zhou, 2020). Visual comfort is used to evaluate the effect of lighting, display and products on visual fatigue of human eyes under the angle of optics from the perspective of human eye’s visual function, and it is the degree of comfort of human eyes to the stimulus feeling, which is a psychological feeling quantity (Ying, We and Jue, 2017), so it is difficult to measure it directly.

In addition to this, it has been well documented that important driving information, such as speed and navigation, can be provided to the driver directly within the driver’s field of view in a Horizontal View Display (HUD) (Wan and Tsimhoni, 2021).

(2) Cognitive load of the driver is closely related to the visual comfort of the driving interface (Qu, 2005). Cognitive load affects the allocation of a driver’s attention to a driving task (Reimer et al., 2010) and visual search (Jin, Niu and Zhou, 2016) and visual attention (Pashler, 1998) are commonly used to study the effects of interfaces on a user’s cognitive responses. When the information content of an interface is cognitively overloaded for a driver, compensatory changes in attention and behavior may occur, resulting in changes in task prioritization (Redenbo, Lee and Ching, 2010; Gwizdka, 2010; Hong-Tao, 2018). In addition, the longer the interaction time, the higher the level of distraction when the driver is performing a cognitive task (Reyes et al., 2008); Instrument pointers, pointing directions, and character and scale display values also have an effect on driver cognition (Kai, 2014).

Therefore, subjective measures of cognitive load are commonly used in visual studies targeting driving interfaces. For example, the Vienna Psychological Testing System (VTS) (Xiao-Feng et al., 2015) and the NASA-TLX scale present cognitive load questionnaires for assessing drivers’ mental performance abilities and screening good drivers.

HMI INFLUENCING FACTORS OF VISUAL COMFORT ON THE DRIVING INTERFACE

The pilot interface is an external factor that affects the visual comfort of driving. Civilian aircraft driving interface provides rich driving information through icons (Forster et al., 2017; Yoon et al., 2019). Visual comfort is affected by design factors such as brightness contrast, icons, symbols, text, colors and overall layout of the pilot interface.

(1) A large body of literature has investigated the effect of luminance contrast of text and background on visual comfort and performance in interactive interfaces (HMIs), and the common denominator of the findings is that higher luminance contrast (An-Hsiang and Ming-Te, 2000) is associated with higher visual comfort and performance in terms of legibility (Ayama et al., 2007), and response time (Rea et al. 2016), search (Chin-Chuan and Kuo-Chen, 2013) and visual performance (An-Hsiang and Ming-Te, 2000; Ling and Schaik, 2002). The higher the luminance contrast, the better the visual comfort and performance.

(2) Some researchers gradually realized that complex graphic displays have an obvious impact on drivers' visual comfort. Text display is important for drivers' visual comfort, which can affect users' browsing time (Reimer et al. 2014). Yang Man-Juan found that when there were more than three textual contrasts, the driver's ability to discriminate significantly decreased (Man-Juan, Ling-tao and Sheng-heng, 2010). There have been more studies on the cognitive effects of Chinese character font glyphs (Derogatis and Cleary, 1977), for example, Character Fonts can be used as the best fonts for the black Chinese character logos on the control panels in the cockpit of the aircraft (Duan-Qin et al., 2014).

(3) Color is an important part of screen design, attracting human attention and affecting the performance of the user's visual search in text (Zhao et al., 2004; Noiwan and Norcio, 2006). In engineering design, color regulation has a direct effect on human psychophysiology (Hong-Tao, 2018); improving atmosphere, reducing fatigue; improving safety and reducing the incidence of accidents, etc. (Rothermund et al., 2018; Song and Lei, 2011).

(4) The main interface layout factors are the interface components, the interface shape and the number of interface operation buttons. The overall layout of the information content plays a key role in the design of the information display in the driver interface (Xiaoli et al., 2015). The interface layout factors (Chen and Chiang, 2011), the layout method (Li et al., 2017), the shape of the icon display panel (Chen and Chiang, 2011), the number of interface buttons (Feng, Liu and Chen, 2018), and the layout of interface icons (Moseley et al., 1986) all have a direct impact on the user's visual comfort. For instance, icons not only affect the user's cognitive performance of the interface layout, but also the arrangement of the interface layout (Jin et al., 2021).

(5) In recent years, it has been found that drivers facing but a single visual warning may result in longer reaction times (Morando et al., 2019). While driving, the interface provides feedback such as visual or tactile to the user. Zi-Hui proposed that dynamic and static interactions are applicable to different scenarios (Zi-Hui, Weiwei and Xiao-Yuan, 2020).

The above interface design factors in the human-computer collaboration task (Rainieri et al., 2021), which can be used to adjust the driving interface to optimize the display, can be further applied in enhancing the visual comfort of human-computer interaction.

LIGHT ENVIRONMENT FACTORS OF VISUAL COMFORT ON THE DRIVING INTERFACE

Studies on the display content and lighting environment of the driver interface have analysed the extent to which interface environmental factors affect the visual function of the human eye (Moseley et al., 1986). Previous research on user light environments has aimed to assess specific aspects of visual comfort, such as the amount of available light, light uniformity, the quality of light for rendering colors, and predicting the risks of light environments, which reflect the relationship between human needs and light environments in the triad of human-mechanism-environment. Visual interactions in driving interfaces are mostly focused on icons and other means of providing driving information (Forster et al., 2017; Yoon et al., 2019). Display interfaces show a continuous trend of miniaturization, and how to effectively highlight information content is a key issue for interface displays (Carte and Silverstein, 2010).

Existing research on visual comfort of HMI (Human Machine Interface) mainly focuses on uncomfortable glare (Yuan-Peng et al., 2022) and visual fatigue (Hui-Juan et al., 2020). Physiological indicators and environmental parameters are included in the assessment of uncomfortable glare, for example, the two physiological indicators that are highly correlated with the subjective evaluation of uncomfortable glare are eye movement velocity and pupil diameter (Yan-Dan et al., 2015). Environmental parameters such as illuminance (Shieh and Lin, 2000), glare index, and luminance metrics are commonly evaluated for uncomfortable glare, while other studies on the effects of ambient light have investigated on-screen readability (Wang et al., 2017). In addition, some studies have evaluated factors such as light level (Saito et al., 1997) that affect the user's visual comfort. Li-Chen Ou et al. investigated the effect of text background luminance difference on visual comfort (Ou et al., 2015), the visual comfort of a light background under a display screen with a display luminance of 551.8 cd/m² increases with increasing luminance difference, and conversely, the best visual comfort can be obtained when there is a moderate luminance difference in a dark background.

CONCLUSION

Visual comfort of driving interface is becoming a critical piece of complex systems to help resolve system designs. This paper summarizes the influencing factors of visual comfort in driving interface, and points out the research direction of visual comfort in human-machine interface. From the above description, it is clear that there are some urgent problems that need to be explored in the research of visual comfort of driving interface.

From the assessment point of view, as a subjective feeling, visual comfort is difficult to be directly converted. Because the combination of subjective and objective measurements should be considered (Brouwer et al., 2014). In addition to the subjective-objective combination of experimental approaches, dual objective experimental paradigms can achieve better detection effects, such as combining visual tasks with EEG detection (Cheng Luo et al., 2020).

There is no standardized method to measure the visual comfort of an interface display for the assessment of visual comfort. Comfort is a subjective human feeling (Christopher et al., 2021). Driving is not only a physical task, but also a psychological one (Wan and Tsimhoni, 2021). Therefore, it is necessary to combine both subjective and objective perspectives to evaluate the visual comfort of driving interfaces. For example, Rainieriet combined psychometric (NASA-TLX) and eye-tracking instrument to record data (Rainieri et al., 2021); Kay Cui used the eye-tracking instrument and the ASQ Subjective scale measurements as objective and subjective indicators of the effect of visual attention on visual comfort (Hong-Tao, 2018). These studies provide useful directions for exploring the visual comfort research of related indicators on the driving interface.

According to existing studies, current visual comfort evaluation metrics for driving interfaces have some limitations in real scenario applications. For complex driving tasks, physiological metrics for a single airplane or car need to be verified by further experiments. Besides, for the lack of clarity in the definition, the division of the influencing factors, and the selection of the evaluation indexes to bring about the insignificant effect of the interface design, the above issues need to be further explored.

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