

Breaking the Silence: Unveiling the Power of Compassionate Leadership on Employee Silence

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ABSTRACT

The following paper analyzes the effect of compassionate leadership behavior (CLB) on the phenomenon of employee silence in the organizational context. Applying a quantitative approach, the study employs structural equation modeling (SEM) to examine data collected from a n = 138 sample of employees across different industries. The findings indicate a significant negative relationship between compassionate leadership behavior and employee silence, suggesting that higher levels of compassionate leadership behavior are associated with decreased instances of employee silence, especially when it comes to quiescent and acquiescent silence. These results indicate that leaders displaying compassionate leadership behavior can reduce silence caused by fear and even have the ability to break silence due to resignation. Additionally, a statistically significant positive association is observed between compassionate leadership behavior and psychological safety, highlighting the role of compassionate leaders in fostering a supportive work environment where employees feel psychologically safe. These findings underscore the importance of compassionate leadership in cultivating a climate that promotes psychological safety within organizations. Lastly, a positive covariation was found between compassionate leader behavior and servant leadership. The analysis conducted using Amos highlighted the correlations between the variables of Servant Leadership and Leader-Member Exchange, as well as between CLB and Leader-Member Exchange, thereby enhancing the overall model. Since this study is the first one connecting both research streams of compassion and silence, this research contributes to the existing literature by providing novel insights into the potential of compassionate leadership to address employee silence and enhance psychological safety in the workplace. The findings have practical implications for leaders and practitioners aiming to create environments encouraging open communication and employee engagement.

Keywords: Compassionate leadership, Employee silence, Psychological safety, Leadership approach, Compassion at work, Servant leadership, People-oriented leadership

INTRODUCTION

In today's organizational environment, companies are constantly confronted with increasingly complex market trends such as disruptive environments, digitalization (Kornelakis & Petrakaki, 2020), and continuous change. Leadership plays a paramount role in navigating these challenging circumstances, particularly when individuals face objective threats, are compelled

to abandon familiar approaches, and find themselves amidst confusion and anxiety (Rao & Sutton, 2020). It is imperative for leaders to possess an acute awareness of these circumstances and adeptly navigate their subordinates through the intricacies of these challenging periods. Further, leaders need to encourage and embrace the ideas and various viewpoints of employees to be successful. Indeed, employees are essential to the success of companies, and they are considered as a source of transformation and innovation (De Jong, 2007), providing novel ideas and perspectives, which improve business growth and help to stay competitive (Toner, 2011). The jobholder's motivations, opinions, and thoughts impact productivity and performance (Barker, 2005) and help the institution stay competitive (Nwabueze & Mileski, 2018). Organizations require their employees to contribute to continuously improving organizational processes through behaviors that enable learning, e.g., voicing new ideas, collaborating, and working with artificial intelligence (Nembhard & Edmondson, 2011; Hsiung, 2012). In this regard, leaders bear the responsibility of fostering a supportive climate that encourages employees to freely express their thoughts and opinions.

However, individuals sometimes intentionally choose to refrain from sharing their ideas, opinions, concerns, or suggestions, to someone within the organization with the power to act on them, leading to a form of nonparticipation. Employee silence is characterized as "the intentional withholding of any form of genuine expression about the individuals behavioral, cognitive and/or affective evaluations of his/her organizational circumstance to persons who are perceived to be capable of effecting change or redress" (Pinder & Harlos, 2001, p. 334). Coined by Pinder and Harlos (2001), the concept of employee silence has garnered attention within scholarly discourse. Pinder and Harlos (2001) made a significant contribution by recognizing that individual motives alone are not sufficient to explain employee silence and instead identified distinct forms of employee silence: "quiescent silence" and "acquiescent silence." Quiescent silence is characterized by not only feelings of anxiety but also a solid inclination to leave the organization, heightened levels of stress, and an awareness of alternative options. Conversely, employees experiencing acquiescent silence exhibit resignation, a diminished intention to quit, and a perception of hopelessness. Building upon this understanding, Van Dyne, Ang, and Botero (2003) expanded the concept of employee silence as a multidimensional construct and introduced the notion of "prosocial silence" as an additional dimension, which involves employees choosing to remain silent out of motives that aim to protect others, preserve relationships, and maintain the status of the group or organization. Employee silence can transcend individual boundaries and propagate throughout team dynamics, eventually permeating the organizational fabric as a collective phenomenon called Organizational Silence (Morrison and Milliken, 2000, p. 706).

To effectively address and mitigate the detrimental consequences associated with employee silence, leadership research aims at discerning the specific needs of employees and at identifying suitable leadership styles capable of effectively countering these effects. Compassionate leadership has gained significant attention and scholarly interest in recent years due to its potential

positive impact on organizational outcomes and enhanced employee wellbeing (Dutton et al., 2014; Avramchuk et al., 2013; Eva et al., 2018). Even though there are many different definitions of compassion within the organizational research context, a vast, and steadily growing number of organizational scholars have drawn on the definition of compassion provided by Dutton et al. (2014). Within their model of the "Interpersonal Process of Compassion," they define compassion as a human experience comprising four key elements: (1) attention to suffering, (2) interpretation or sensemaking, (3) empathic concern, and (4) action to alleviate suffering. Initial research in the field of compassionate leadership provided the first evidence that compassion in leadership impacts psychological well-being, employee engagement, and turnover intent (Shuck et al., 2019). According to Fineman (2000), organizations can be characterized as emotional arenas wherein human suffering is an inescapable occurrence, arising from either personal life circumstances or organizational factors. The profound impact of the current market trends amplified the potential significance of compassionate leadership, as it offers a potential remedy to address the unprecedented levels of anxiety, stress, insecurity, and toxicity prevalent in the workforce (Rao & Sutton, 2020; Frost, 2003; Moss, 2021). Further, compassionate leadership has the potential to create a supportive and inclusive environment where employees feel valued and empowered to embrace transformation challenges (Dutton et al., 2014). By adopting a compassionate leadership approach, leaders cultivate an environment where employees feel safe and supported to express their thoughts, concerns, and ideas. This can allow for the establishment of a secure and nurturing professional atmosphere, wherein employees feel motivated to actively participate and are not plagued by feelings of uncertainty and silence.

RESEARCH APPROACH

This study employs a mixed method approach to empirically examine the role and relevance of compassionate leadership behavior in the context of employee silence. First, we conducted a systematic literature review to provide an overview of the current state of research on compassionate leadership and employee silence by synthesizing and analyzing relevant studies (Cooper, 1988; David & Han, 2004, Randolph, 2009). The findings revealed the conceptualization, theoretical underpinnings, measurement tools, antecedents, outcomes, and mechanisms of compassionate leadership and employee silence. Second, we adopted a quantitative approach in form of an electronic survey to investigate a series of hypotheses (see below). The questionnaire encompassed a total of 63 established items, ensuring a thorough exploration of the research variables. The first section focused on the examination of leadership behaviors according to the Compassionate Behavior Leadership Index (CBLI), which encompasses a range of six dimensions related to compassionate behavior (Shuck et al., 2019), as well as the Servant Leadership Behavior Scale (SLBS) developed by Sendjaya et al. in 2019. The second section delved into the relationship between the leader and member (Leader-Member Exchange developed by Dansereau, Graen, and Haga in 1975) and the psychological safety climate according to Edmondson (1999) with a total of 7 items. The third section encompassed a self-assessment of silence behavior in the organizational context developed by Knoll and van Dick (2013), with a total of 12 items. Lastly, the fourth part aimed at collecting pertinent characteristics relating to the surveyed individuals, including demographic factors such as gender, age group, and educational attainment, as well as organizational details concerning the companies in which the participants are presently employed, such as industry (7 items). Our study introduces a mediation model to address the limitations of traditional mediation testing guidelines within the context of structural equation modeling (SEM) applications (e.g., Kenny & Judd., 1984). To examine the hypothesized mediating relationship, we incorporated a series of nested model comparisons based on recommendations from previous researchers (Schneider et al., 2005). We also conducted a confirmatory factor analysis (CFA) to encompass the primary constructs of the model. By examining the relationships between manifest variables and constructs, we could evaluate the accuracy and consistency of the measurement instruments (Kline, 2023). The model fit indices are as follows: $\chi = 4.962$, df = 3, p = 0.175, $\chi 2/df = 1.654$, CFI = 0.994, TLI = 0.981, and RMSEA = 0.069. To ensure the soundness and reliability of our statistical analysis, we assessed the model fit based on established guidelines in the existing literature (West et al., 2012).

THEORETICAL MODEL

We derived five hypotheses from the literature addressing existing research gaps. The initial two hypotheses (H1 and H2) are grounded in the concept of compassionate leadership behavior (CLB), assessing both the direct impact of compassionate leadership on Employee Silence (ES) and on Psychological Safety. We then added a mediation analysis to allow a more comprehensive and nuanced understanding of the relationship between CLB and ES (H3). Building on the foundational work of Morrison and Milliken (2000), various studies have showed deductively that understanding and nurturing psychological safety within the workplace have significant implications for breaking the Spiral of Silence, enabling employees to confidently express their thoughts and perspectives. Given the intriguing findings of these investigations, it became pertinent to explore the influence of Psychological Safety Climate on Employee Silence at the individual level (H4). Finally, both servant leadership and compassion exhibit a deep sense of care and concern for others, suggesting the potential for these concepts to coexist and complement each other. As Greenleaf (2003) proposed, the servant-leaders' responsibility lies in promoting the well-being, growth, autonomy, and wisdom of those around them. In this context, the servant-leader should not merely acknowledge the suffering of others but also take proactive steps to alleviate it. With our last hypothesis, we aim at filling the existing research gap by scrutinizing the intricacies of compassion in conjunction with the established theoretical framework of servant leadership, thereby building upon the foundations laid by Shuck et al. (2019)

Our hypotheses are summarized as follows:

Hypothesis 1: Compassionate Leadership Behavior correlates negatively with Employee Silence.

Hypothesis 2: Compassionate Leadership Behavior correlates positively with a Climate of Psychological Safety.

Hypothesis 3: A high Climate of Psychological Safety mediates the effect of Compassionate Leadership on Employee Silence positively.

Hypothesis 4: A Climate of Psychological Safety correlates negatively with Employee Silence.

Hypotheses 5: Compassionate Leadership and Servant Leadership Covariate positively.

RESULTS

All hypotheses could be supported, therefore suggesting that compassionate leadership behavior can diminish employee silence. Examining existing research has revealed a consistent pattern: Leaders who demonstrate compassion tend to cultivate a more vital and engaged following. These findings align closely with our study's results, indicating that employees who experience compassion from their leaders are less likely to remain silent in the workplace. Secondly, the results of hypothesis H2 demonstrated a significant positive relationship between compassionate leadership behavior and psychological safety ($\beta = 0.49$, p < 0.001). A transformation in an individual's psyche and behavior is not solely contingent upon the actions of a leader but also depends on whether the leader's behavior induces individual psychological changes (Walumbwa & Schaubroeck, 2009). The acquisition of psychological safety is contingent upon a secure and supportive environment, and compassionate leadership undeniably has the potential to provide employees with psychological safety (Carmeli et al., 2010). Thirdly, the mediating hypotheses H3 could be supported, and the study found out that the relationship between compassionate leadership behavior (CLB) and employee silence (ES) is partially mediated by psychological safety (PS) $(\beta = -,121)$. This investigation successfully establishes a correlation between CLB and silence behavior, unveiling a psychological mechanism by which an empathetic, human-oriented, compassionate leader motivates followers to diminish silence. Within the framework of social exchange theory and leader-member exchanges, creating a psychologically safe climate is explicated by applying reciprocity principles (Yan & Xiao, 2016). Individuals with high psychological safety feel confident in certain risk-taking behaviors (e.g. choosing voice), whereas those with low psychological safety tend to avoid such behaviors (e.g. choosing silence). After the mediation analyses, Hypothesis 4 concentrated on the direct effect of PS on ES and could be supported as well ($\beta = -0.25$, p < 0.01). Research studies have consistently demonstrated that psychological safety is the primary cognitive factor that promotes voice behavior (Detert & Burris, 2007). Subsequent research endeavors have confirmed that it also inhibits silence behavior, further enriching the existing body of knowledge. Similarly, this study reinforces the fact that employees with a strong sense of psychological safety feel more comfortable and do not remain silent. Finally, hypothesis H5 holds to be true ($\beta = 0.75$ p < 0.001), and the covariation between SL and CLB has a strong effect. The results were as expected, as the theoretical explanation had already revealed the similarities between the two leadership styles. Research has focused on integrating Compassion Leader Behavior into Servant Leadership (Davenport, 2015; Van Dierendonck & Patterson, 2015) rather than establishing Compassionate Leadership as a distinct leadership style. The findings confirm that these two people-oriented leadership styles are closely interconnected and share a central focus on the employees.

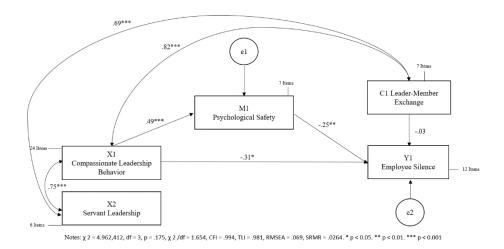


Figure 1: Tested structural equation model (SEM).

Lastly, after the initial interpretation of the results, which focused on the overall construct of Employee Silence, we delved into a more detailed examination of the individual forms of ES to facilitate a better understanding and interpretation of the findings. The observed results primarily highlight a notable effect on two specific forms of ES. Compassionate Leadership Behavior relates negative to Quiescent Silence ($\beta = -0.28$, p < 0.01), and Acquiescent Silence ($\beta = -0.50$, p < 0.001). These findings are particularly intriguing as Quiescent Silence and Acquiescent Silence are considered especially challenging to influence. A seminal study by Pinder and Harlos (2001) underscored the inherent difficulty in overcoming acquiescent silence, which manifests as a passive acceptance of the status quo (resignation). This form of silence necessitates greater support or provocation to be disrupted. Employees who engage in acquiescent silence have relinquished hope for improvement, challenging their motivational capacity. Pinder and Harlos (2001) further supported this perspective, noting in their study that breaking through acquiescent silence proves considerably more arduous than addressing the other forms of silence. Consequently, the Compassionate Leadership behavior framework holds promising potential for effectively dismantling acquiescent silence and attending to employee motivation through purposeful leadership practices. Knoll and Dick's (2013) study highlights that Acquiescent Silence can be attributed to several factors. Firstly, individuals perceive

a lack of receptiveness, indicating a dearth of open ears to listen to their thoughts and concerns (Van Dyne, 2003). Secondly, supervisors exhibit a closed mindset, being unreceptive to suggestions, concerns, or novel ideas put forth by employees. Lastly, a prevailing belief among employees is that their contributions will have no impact, leading to a sense of resignation and disengagement. Consequently, the positive impact (reduce the phenomenon of ES) of Compassionate Leadership behavior becomes apparent, as this leadership style strives to address the needs of employees and establish a more robust connection by demonstrating sensitivity to their wishes and concerns (Lilius et al., 2008). Compassionate Leadership Behavior, as an influential factor, has the potential to alleviate feelings of futility and despair among employees.

CONCLUSION

By shedding light on compassionate leadership as an evolution of peopleoriented leadership, this study contributes to extending the existing body of compassion and silence research, opens an elementary stream in the research literature, and provides applicable insights into how employee silence can be prevented or be reduced. Specifically, the study reveals that compassion is central to supporting leaders as it promotes high-quality relationships that further enhance psychological safety (Amir, 2022), therefore contributing to employee inclusion and the sharing of ideas and opinions. Moreover, our study addresses a challenge identified by silence researchers (Morrison, 2014; Pinder and Harlos, 2001). In certain instances, employees have become fully acquiescent to the prevailing circumstances or have developed a sense of complete incapacity to articulate their thoughts. This form of silence becomes deeply entrenched, displaying limited prospects for alteration. Conversely, in other scenarios, employees teeter on the precipice of voicing their opinions, suggesting that a minor catalyst, such as a novel occurrence, newly acquired information, a shift in mood, or a temporary inhibition loss, could propel them towards expression. Our findings demonstrate that Compassionate Leadership behavior exerts a discernible influence on both enduring manifestations of silence, such as fear-induced silence (referred to as quiescent silence), and on opportunistic silence that can be more readily assuaged with the aid of catalysts.

The paper has several limitations. The first concern is related to the sample size, which constrains conducting a robust equation model. The second concern pertains to the demographic composition of the participants, particularly the disproportionately high representation of individuals aged 25 to 34, accounting for 65.9% of the sample. The limitations provide a framework for further research and highlight gaps that can be filled through additional investigations. Therefore, exploring additional specific factors such as culture, target audience, and industry could yield divergent results and hold immense importance. In a broader sense, it would also be intriguing to include leaders within a study to gain a dual perspective on this dyadic relationship, since not all influencing factors can be adequately captured by solely assessing the follower's perspective.

The paper has several practical implications. First, our study supports the notion that compassionate leadership behavior, which fosters high-quality leader-member exchange relationships, actively encourages employees not to withhold their opinions and ideas. Therefore, leaders prioritizing compassionate practices are likelier to elicit desirable employee behavior. Second, leadership is critical in setting an example and embracing the responsibility of integrating compassionate behavior into the organizational fabric. This approach yields two notable advantages: First, leaders cultivate psychological safety at the team level, fostering an environment where employees feel secure in expressing themselves. Second, leaders exemplify compassionate behaviors towards their subordinates, encouraging employees to adopt and exhibit compassion. Consequently, this reciprocal process promotes compassionate behavior among team members, extending the influence of Compassionate Leadership beyond the micro level to provide valuable insights at the meso level. To effectively prepare organizations, leaders, and employees for the complexities of future trends, it is essential to ensure the integration of compassion and a sense of psychological safety at all levels. Finally, our findings suggest that organizations should proactively establish conducive organizational conditions and implement processes that support compassion for its employees and contribute to their well-being rather than relying on remedial strategies to address silence at a later stage. The results underscore the pivotal role of leaders in cultivating a work environment that is supportive and foster inclusivity, and collaboration.

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