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Slideo: Bicycle-to-Vehicle Communication to Intuitively Share Intention to Turn With Automated Vehicles

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ABSTRACT

In urban environments, cycling is an important method of transportation due to being sustainable, healthy and less space-intensive than motorised traffic. Most literature on interactions between automated vehicles (AVs) and vulnerable road users (VRUs) focuses on external Human-Machine Interfaces positioned on AVs and telling VRUs what to do. Such an interface requires cyclists to actively look for and interpret the information and can reduce their ability to make their own decisions. We designed a physical bicycle-to-vehicle (B2V) interaction that allows cyclists to share the intention to turn with AVs through vehicle-to-everything (V2X) communication. We explored four concepts of interaction with hands, feet, hips, and knees. The final concept uses haptic feedback in each handle. The test with nine participants explored the clarity of the feedback and compared two variations: (1) providing feedback in the beginning, during and at the end and (2) giving feedback only at the beginning and end. Results indicate that the general meaning of both variants is clear and that the preferred variation of feedback is up to personal preference. We suggest that B2V interactions should be possible to personalise.

Keywords: Automated vehicles, Vulnerable road users, Intuitive interaction, Bicycle-to-vehicle communication, Haptic feedback, Vehicle-to-everything communication

INTRODUCTION

In a future where most vehicles are automated, creating a network of cooperative/communicative vehicles will be an opportunity with many important advantages. Automated vehicles (AVs) are expected to soon exchange information with infrastructure through a network operating through vehicle-to-everything (V2X) communication (Ahangar et al., 2021; de La Fortelle et al., 2014). Connected AVs are assumed to (1) improve traffic safety, as connectivity allows for effective prevention of collisions and smoother driving (ICCS, 2013; Ye and Yamamoto, 2019), (2) have environmental benefits as it will be possible to optimise route planning for reduced stop-and-go driving and perform platooning for reduced aerodynamic drag, (3) allow for shared mobility and seamless integration with public transit and (4) decrease congestion on the road (Taiebat et al., 2018).

In addition to AVs participating in future V2X traffic, other vulnerable road users (VRUs) such as cyclists and pedestrians (Eisses, 2011) should

be able to participate in these networks as well, especially as cities are becoming more human-centred and promoting alternative travel methods to decrease the use of cars (Kuss and Nicholas, 2022). Of all types of VRUs, cyclists are the most difficult for AVs to detect due to their relatively small size, variation in appearance and unpredictability (Fairley, 2017). In The Netherlands, cyclists contribute to 36% of traffic fatalities and 68% of severe injuries (SWOV, 2023). If AVs are unable to detect cyclists reliably, cycling may become an even riskier endeavour. Similar to an idea proposed by Volvo (Volvo Car USA, 2014), Ford, Tome Software and Trek Bicycle suggested a solution in 2017 to help AVs detect cyclists using bicycle-to-vehicle (B2V) communication in the form of a device that any cyclist can attach to themselves or their bicycle (Burns, 2017). This device would wirelessly communicate in real-time the cyclist's location, velocity, and direction to nearby AVs, so they could prevent collisions. Bonnington (2018) disagreed with this approach and argued that VRUs should not be responsible for their detection in traffic and postulated that AVs should be able to detect cyclists on their own (Bonnington, 2018) since wireless devices may be affected by a weak connection or an empty battery. Additionally, requiring each cyclist to invest in expensive technology would make cycling less accessible.

While this bicycle-positioned technology should not be required to make cycling safer, it has the potential to make cycling more comfortable and efficient. B2V communication can help AVs better predict the intentions of cyclists and offer them enough space on the roads to undertake the intended action (Bazilinskyy et al., 2018). This is also supported by Berge et al. (2022), who state that on-bicycle Human Machine Interfaces (HMIs) may be beneficial in improving the predictability of cyclists, but that it should never be required to guarantee safety in traffic for cyclists (Berge et al., 2022).

Existing research about the interaction between AVs and VRUs using external Human Machine Interfaces (eHMIs) focuses on the AV showing its intent to the VRU (allocentric), or telling the VRU directly what to do (egocentric) (Bazilinskyy et al., 2022, 2019; Dey et al., 2020; Hou et al., 2020; Schlackl et al., 2020). The topic of VRUs communicating their intent to AVs, like in Epke et al. (2021) research about pedestrians using hand gestures to communicate crossing intent (Epke et al., 2021), is underexplored, especially when it comes to cyclists.

Aim of Study

This design study aims to take a different approach from the existing literature on AV-VRU interactions, focusing on communication between cyclists and connected AVs. The aim is to *design a non-distracting physical interaction that allows a cyclist to intuitively communicate their intention to turn to the AVs, using a V2X communication network*.

DESIGN SPRINT

We started the design process with a design sprint, a methodology for teams to quickly build and test a prototype (Knapp et al., 2016). We focused on designing a physical interaction to allow cyclists to communicate their

intention to turn to the AVs around them. When a cyclist can clearly communicate their intentions, AVs can consider such information when planning their routes and collectively offer the cyclist the needed space to make the turn, ideally without anyone having to come to a full stop. The design sprint resulted in four initial concepts of interaction with hands, feet, hips and knees. Each concept required a certain movement from this body part to indicate a direction (see Figure 1).

ASSESSMENT OF INITIAL CONCEPTS OF INTERACTION

Method

We then used an online questionnaire to assess the four different design concepts of interaction, to find which location for interaction is preferred by the respondents. The study was approved by the Ethical Review Board of Eindhoven University of Technology and participants gave their informed consent to use their data.
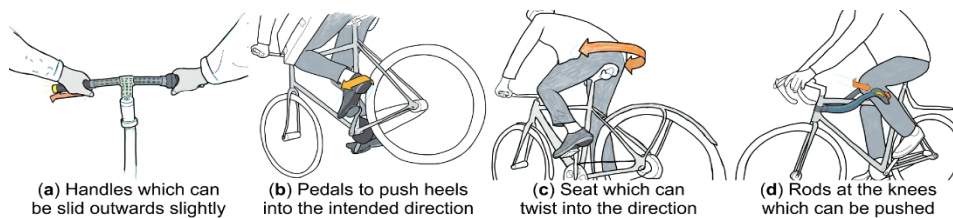

(a) Handles which can be slid outwards slightly   (b) Pedals to push heels into the intended direction   (c) Seat which can twist into the direction   (d) Rods at the knees which can be pushed

Figure 1: Sketches of four initial concepts of interaction used in the online questionnaire.

The questionnaire consisted of 50 items. First, the participants were asked about their cycling experience and the quality of cycling infrastructure at the location where they grew up. Then, for each concept, the participants were asked to rate statements on expectations regarding intuitiveness, perceived safety, trust in functionality, clarity of feedback, and willingness to use each concept on a scale from 1 ('Fully disagree') to 5 ('Fully agree'). Figure 1 shows the sketches used for these questions. To allow for additional qualitative insights, there were three optional open-ended questions about each concept, asking the participants what they liked, what they would improve, and to provide additional comments. Then the participants were asked six questions to compare the four concepts, asking which concepts would: be easiest to trigger/activate, be most likely to misfire, allow for the best feedback about AVs, create the right sense of safety, be most likely to be used, and be least likely to be used. To answer each of these six questions, the participants could select from one to three concepts. Finally, they were asked about their age, interest in technology and opinion on the feasibility of cycling with the proposed concepts next to AVs. The questionnaire was distributed in the personal and professional networks of the authors through Microsoft Forms and posted on the online forum Radar (https://radar-forum.avrotros.nl). The comments to this post were considered for the interpretation of results. The questionnaire and the printout of the forum topic are available in the supplementary material.

RESULTS

The questionnaire was answered by 29 participants. Responses were collected between 24 March 2023 and 12 April 2023. Data and code used to produce all graphs are available in the supplementary material. One participant who stated their age was 115 and provided non-sensual responses and one participant who had no cycling experience were removed, leaving N = 27. We could not link if any responses to the forum post were made by the respondents of the questionnaire. Figure 2 shows the mean values for the statements on intuitiveness, perceived safety, trust in functionality, clarity of feedback, and willingness to use for the four concepts. Overall, respondents provided a negative attitude to all four concepts. For the statements on clarity of feedback (M = 2.59) and willingness to use (M = 2.33), the concept of interaction with hands yielded the highest mean scores, with it being second for the statements on intuitiveness (M = 2.07) and trust in functionality (M = 2.15). For perceived safety, it was rated equally as the concept of interaction with feet (M = 2.15). Regarding this concept, people mostly worry about the likelihood of accidental activation and lack of stability: *"I am afraid that the sliding [interaction] can also happen when it is not needed, increasing the chances of a cyclist losing balance."* On the forum, one participant commented: *"It's unfortunate that for the questions asking which concept I would prefer to use, the option 'none of them' was missing"*. 8 respondents explicitly remarked that it should always be the responsibility of AVs to keep cyclists safe. Older respondents also provided lower scores. On the forum, one respondent stated *"Do you think a grandma who can barely stay upright on her bike can use these concepts?"*. To which someone else responded: *"In that case, I highly doubt she should still be using a bike in the first place."*
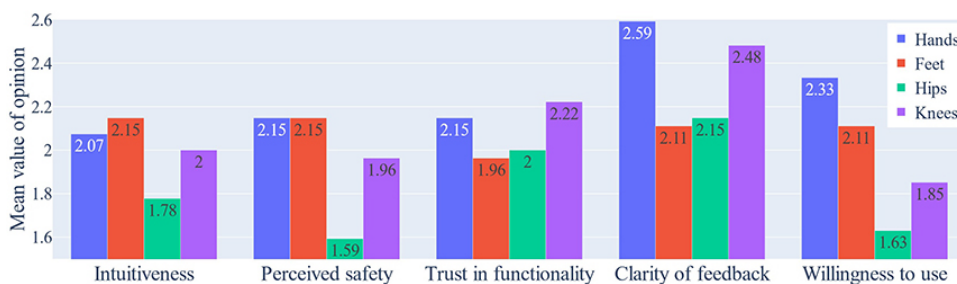

Figure 2: Opinion of participants about the four concepts.

Figure 3 shows how often each concept was chosen in the questions comparing the four concepts. For the questions on the likelihood of misfiring and the unlikeliness of use, a concept that was chosen less indicates a positive attitude. For the other questions, higher values indicate a positive attitude. The concept of interaction with hands received the most positive opinions for questions on the easiness of use (13), provision of feedback about AVs (17), feeling of safety in traffic (13) and likeliness of use (13). It was attributed with the second most positive attitude for questions on the likelihood of misfiring (10) and unlikeliness of use (12). These results

indicate that the concept of interaction with hands is the easiest to use, allows to provide appropriate feedback, feels safe, and is the most likely to be used.
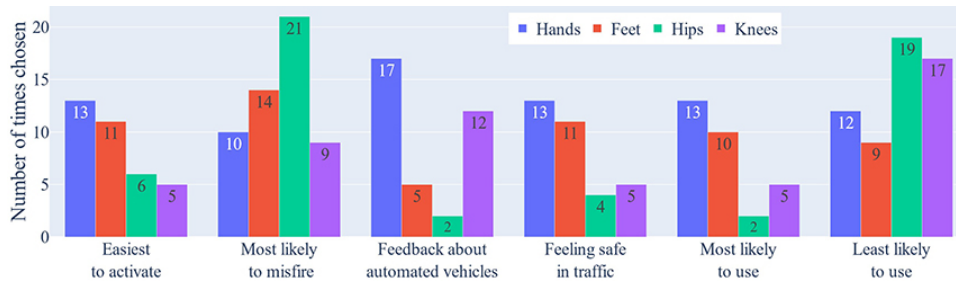

Figure 3: Comparison of the four concepts. For "most likely to misfire" and "least likely to use", lower values indicate a positive attitude; for other questions, higher is more positive.

EXPLORATORY PROTOTYPE AND FINAL DESIGN CONCEPT

While the main use case of our design is to communicate the intention of a cyclist to turn to AVs, additional features can be added to make better use of the technology added to bicycles and potentially make it more valuable to users. We outlined two personas to reflect common reasons for cycling: one persona cycles as a means of commuting to work, and the other persona cycles as a leisure activity. The supplementary material contains extended descriptions of the personas. Both personas would benefit from communicating their intentions but also have individual needs. For example, a commuter should easily grab their bicycle and go, while a recreational cyclist may benefit from turn-by-turn navigation with haptic feedback. An on-bicycle device like our concept needs to have an interactive and reliable sensor (e.g. a button or a slider), a vibration motor in each handle, communication and navigation capabilities, smartphone connectivity, low power consumption, and universal sizing to fit on standard handlebars.

Since there are already various controls on or near the handles, such as braking or switching gears, not just any interaction is available for indicating a direction. For instance, squeezing the handlebar requires multiple fingers which may already be positioned on the brake handle to slow down. To find a solution that works together with the existing controls on the bicycle, we made the first physical prototype featuring concepts of interaction combined with the common existing controls (see Figure 4). The sliding motion is a possibility ('a' in Figure 4), as it can be done even when all fingers are used for various controls. It is also different from rotation, which is often used for gear switching. A button to be pressed by the thumb could work ('b' in Figure 4), but there may already be various other applications with buttons that could get in the way, like on e-bicycles. A lever to push with the fingers ('c' in Figure 4) would not work, since the fingers may often be placed on the brake handle ('d' in Figure 4).
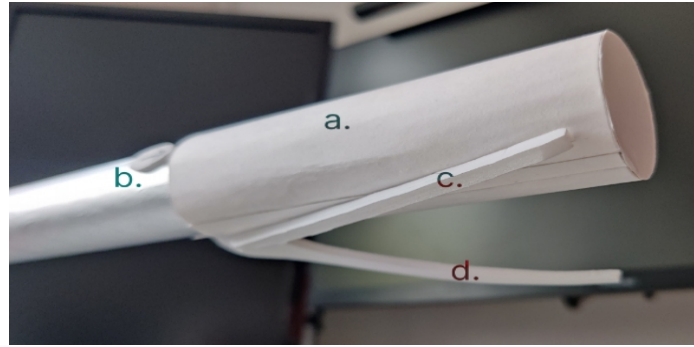
Figure 4: Exploratory prototype with (a) a slidable handle, (b) a thumb button, (c) a lever for the fingers, and (d) a brake handle.

Then, we designed the final concept: handles which can slide outwards (like pulling them off the handlebar) for 1 cm (value chosen through trial-and-error), to indicate the intention to take the next turn in that direction. Sliding the left handle to the left will communicate to nearby AVs that you are planning to turn left, and vice versa. Based on the needs of our personas, each handle has a vibration motor inside of it to offer the user haptic feedback in three steps: (1) confirming that their intention to turn has been registered, (2) indicating that communication with AVs is ongoing, and (3) confirming when the AVs will provide the needed space to turn. The vibration motors can also be used for turn-by-turn navigation, by vibrating the corresponding handle when a turn is approaching. We made a physical prototype with a working mechanism and haptic feedback, by 3D printing the handles shown in Figure 5 and attaching them to an existing handlebar. The vibration motors are controlled by an Arduino Uno microcontroller, with the option to trigger the feedback cycle by pushing a button for demonstration purposes. The code, electronics schematics and STL files are provided in the supplementary materials.

Figure 5: Digital render of the final design concept, used for 3D printing a prototype.

USER TEST OF FINAL DESIGN CONCEPT

Method

On 13 June 2023, we performed a user test of the final design concept with nine participants in three comparable locations in Eindhoven and Maastricht, The Netherlands. Table 1 shows two three-step variations of haptic feedback. They are identical, but Variation B gives no feedback during Step 2. The

purpose of the user test was to find whether people prefer to be kept aware of any communication happening in the background.

Table 1. Two variations of haptic feedback in the user test.

Feedback steps	Variant A	Variant B
(1) Confirmation that intention to turn has been registered	3 vibrations at 70% motor strength for 100 ms, no vibrations for 100 ms in between	Same as A
(2) Indication that communication with AVs is ongoing	Vibrations at motor strength increasing from 5% to 15% for 350 ms and decreasing from 15% to 5% for 350 ms, repeated while providing feedback	Nothing
(3) Confirmation that the AVs will provide the needed space	Vibrations at 60% motor strength for 200 ms, no vibrations for 100 ms, vibrations at 100% motor strength for 500 ms	Same as A

The user test setup was as follows: after the arrival of the participant, the author explained the idea of connected AVs, the goal of the study of allowing cyclists to participate in this network and introduced the design concept. While holding the prototype with built-in vibration motors, the participant viewed twice a 2 min 30 s long video on a laptop (see Figure 6); once for each variant in randomised order. The first-person video showed a person cycling on typical roads in The Netherlands with the slidable handles always visible. During the video a green arrow and text 'Left'/'Right' (HEX value #4FFF55, see Figure 6) indicated the direction of the turn. Later the corresponding handle could be seen being slid out, at the same time the haptic feedback cycle started in the participant's hands. From 1 min 27 s to 1 min 38 s of the video, there were no turns, and the text 'Straight' was shown. After ten turns with the same variant of feedback, the video ended, and the participant was asked to answer six questions regarding their experience on a scale of 1 to 10 in a Microsoft Forms form (see supplementary material):

1. How effective were the vibration patterns in providing feedback?
2. How well did the vibration patterns help you understand the environment?
3. How comfortable did the vibration patterns feel?
4. How easy to understand were the vibration patterns?
5. How natural did the vibration patterns feel?
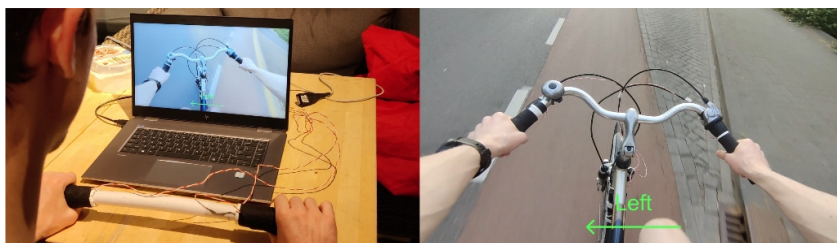6. Overall, how satisfied are you with this user feedback?

Figure 6: User test setup with the prototype (left) with a still from the video (right).

Additionally, the form contained open questions about the meaning of experienced haptic feedback and if they thought they needed additional explanation to understand the meaning. After the participants experienced both variants of feedback, the author concluded a semi-structured interview focusing on their preferences, during which the actual meaning of all vibrations was explained. We carried out the user test in multiple but similar locations. The prototype used Arduino to synchronise the provision of feedback with the video using pre-programmed timing of events. The prototype had to be started manually at the same time as the video by pressing the space bar on the laptop and the switch connected to the Arduino at the same time. Both the Arduino code and the video are available in the supplementary material.

RESULTS

Figure 7 shows the opinions of the participants on their experience with the concept. Six out of nine participants correctly understood the meaning of the vibration patterns after watching the video for the first time, and the remaining three participants also did not understand it correctly after the second time. Four participants correctly noted the meaning of the second step of the feedback.

The opinions about which variant was preferred were mixed. The four participants who correctly understood the meaning of the second step preferred the variant with it (Variant A in Table 1). The participants who did not provide the correct meaning of vibrations in Step 2 in the corresponding questions in the form preferred Variant B. After the explanation of the meaning of all vibrations, all participants kept their opinions about both variants. Participants who preferred Variant B mentioned they favoured it for its simplicity, it is more minimalistic and therefore easier to comprehend. Participants with a preference for Variant A said that they preferred to know what was going on. Step 2 of Variant A informed them their intention was still being processed, resulting in them feeling more patient when awaiting a confirmation.
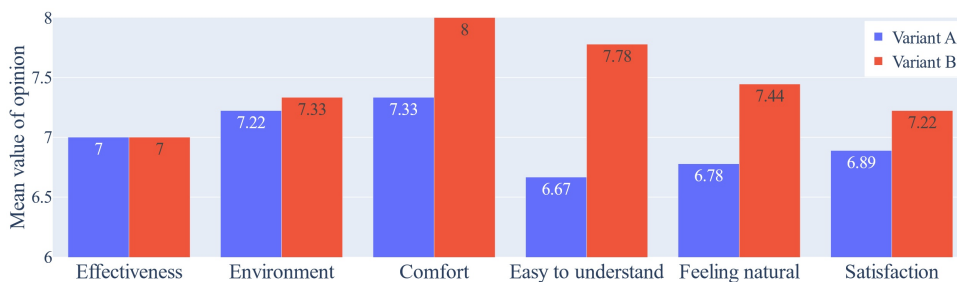

Figure 7: Opinion of participants in the user test on the qualities of the variants of feedback.

DISCUSSION

In this study, we explored a new and original way to allow interaction between cyclists and AVs. Assuming future traffic with connected AVs, we

developed a design concept that allows cyclists to communicate their intentions to turn to nearby AVs. We conducted a questionnaire and polled the opinions of people in an online forum to assess the four initial concepts of interaction, leading to the final design concept of non-distracting interaction through sliding handles on the handlebar, which was assessed in a user study.

The feedback on the four offered concepts received through the questionnaire was mostly negative, which may be interpreted as the respondents thinking that all four ideas were bad. However, it may be due to people's attitude towards AVs in general, combined with the observation that many seemed to believe that the proposed four concepts were meant to improve safety. On the forum, there was a discussion about how AVs should not be allowed on the road if they cannot deal with cyclists properly, with which we fully agree. As the concepts were novel, more explicit descriptions that they are not meant to improve traffic safety, but rather to increase comfort, may have been of benefit. However, the questionnaire results helped argue that hands are generally preferred over feet, hips or knees to perform an interaction to communicate the intention to turn. One major reason is that haptic feedback is easiest to sense with hands, but another explanation is that people are simply used to using their hands to interact with devices, other people, and vehicles (Epke et al., 2021). It makes sense for them to think this is the most sensible or only option. The observation of older people being more negative regarding the concepts could be explained by them not having grown up with connected technology like younger generations did. They might be less accepting of new technologies like AVs in general.

Based on the differences in preferences observed during the user test of the final design, we argue that the preferred variant is a matter of personal preference. Some people prefer to have a constant flow of information, so they know something is happening, whereas others do not care as much about what is happening in the background and only want to know the result. While more work can be done to create better haptic feedback in general, in a final product it would make sense to allow users to personalise some aspects of it. For instance, it should be possible to toggle elements of communication on/off or tweak the intensity of the feedback.

We can conclude that a physical on-bicycle interaction could be a good addition to future V2X traffic with connected AVs. It should never be a requirement for safety, merely an addition to the bicycle that can be used by those who wish to do so.

Our concept of the sliding handles is one example to achieve this. There is room for improvement in the sliding handle concept: one may investigate the force required to slide and investigate further what kind of haptic feedback should be provided. It is also worth exploring different interaction concepts, as the sliding handles will not work with various types of handlebars, such as drop handlebars on racing bicycles, or the classic Dutch 'omafiets' (i.e., city bicycle). Furthermore, research is required on the compatibility of the protocols used for V2X communication with bicycles, and how to keep the cost as well as power consumption low enough for bicycle-mounted technology to be feasible.

SUPPLEMENTARY MATERIAL

Supplementary material containing the questionnaire and anonymous data, persona descriptions, STL files for the prototype, Arduino code, video and user test form is available at
https://doi.org/10.4121/4c9e31e5-9b2e-4046-b9ce-42b6ea84a901.

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